

# SPA TREATMENT MENU

A LUXURY TREAT, DEDICATE TIME FOR YOURSELF

## BEAUTY TREATMENT | FACIAL

UNIQUE SENSORIAL EXPERIENCE AND TARGETED EFFICIENCY:  
THE EXCELLENCE OF PROFESSIONAL FACIAL TREATMENTS

### HYDRATING TREATMENT

♀ ♂ | 0'60

In a perfect alliance of technical advancement and sensory pleasure, this treatment combines ultra-comfortable textures with high-performance active ingredients to bathe the skin with well-being and provide it with a sensation of absolute hydration.

### SOOTHING FACIAL

♀ ♂ | 0'60

Ultra-calming, desensitizing and soothing treatment for sensitive and reactive skins. Incorporating healing Spa™ Thermal water and specially selected botanicals to provide immediate and lasting relief and strengthen the skin. A double layer cocooning mask in combination with our unique decongesting facial massage with chilled porcelain spoons immediately calms and soothes your skin.

### PURIFYING PEACE

♀ ♂ | 0'60

This facial is designed to purify and mattify oily skin. Maintain a healthy and clear complexion with this deep cleansing facial.





## MEN'S ESSENTIAL

♂ | 0'60

Created to answer the needs of a man's skin; this energizing deep cleansing treatment combines volcanic rock to detoxify the skin and hyaluronic acid to replenish. An exclusive and tailor-made solution for men featuring a scalp, face, neck and shoulder massage to induce immediate relaxation.

## YOUTH INTENSIVE TREATMENT

♀ ♂ | 1'15

Combined with a scientific approach, Sothys anti-aging Intensive Treatment uses the  $\beta$ P3 tri-complex of saffron, sophora peptides to restore the skin's youth. Fight against oxidative stress and biological aging with this scientifically proven facial treatment that protects the youth capital at all ages by combating the signs of aging. Through 5 key steps and 8 specific formulas, experience the Sothys youthful efficiency combined with relaxing massages and expert care for visibly younger skin. 50% more firmness after 3 treatments!



## CRYO EYE PROFESSIONAL TREATMENT

♀ ♂ | 0'30/add-on 15'

A targeted treatment to protect the delicate skin around the eye area from daily aggression and the damaging effects of blue light exposure. Flax seed extract combined with our ultra-regenerating complex provide a multi action effect to protect and help regenerate the skin around the eyes. A cryo gel mask coupled with a relaxing eye massage with chilled porcelain spoons immediately diminishes puffiness, smooths wrinkles and provides relief to tired, strained eyes. Eyes will appear brighter from the first treatment.

## RITUAL BODY TREATMENTS AND MASSAGES

FROM AROUND THE WORLD

### HANAKASUMI™

♀ ♂ | 0'60 - 0'90

Embark on an enchanting sensorial journey filled with floral notes of Cherry Blossom and Lotus Flower to relax the body and nourish your skin. This signature body treatment incorporates a warm exfoliating cream to soften and smooth the skin. A unique, invigorating foot massage flows into a relaxing full body massage using warmed aromatic shea butter to bring blissful relaxation to your mind body and soul.



### INDONESIE ANCESTRALE™

♀ ♂ | 0'60 - 0'90

Inspired by ancient Indonesian traditions, the Indonesie Ancestrale Body Ritual reconnects the mind, body and soul. Your journey begins and ends with Mayonggo, an in-depth energy breathing ritual to restore positive energy. Inhale the fragrant scents of sweet floral jasmine and rich, earthy sandalwood while your therapist performs a relaxing massage inspired by traditional Indonesian practices. Deep enveloping massage, acupressure techniques along with healing energy points intertwine with sonotherapy to activate the body's natural healing processes and restore internal harmony. Feeling restored, balanced and centered.



### SENSATIONS ORIENTALES

♀ ♂ | 0'60 - 0'90

An exceptional spa treatment protocol inspired by ancestral Oriental rites with aromatic notes of myrrh and amber: an unctuous enzymatic gel prepares the body for exfoliation, then an exclusive Sothys modelling with a scrubbing terracotta stone inspired from traditional oriental techniques, Offered at the end of the treatment

## 100% CUSTOMIZED MASSAGE

### 1. PICK YOUR MASSAGE:

#### SWEDISH

A relaxing massage to enhance circulation, melt away stress and revive your senses.

#### DEEP TISSUE

Focused on stimulating your muscles to alleviate tension and imbalance.

#### CLUB MED SIGNATURE

Combination of Swedish and Deep Tissue to increase circulation and deep relaxation.

### 2. PICK THE DURATION:

30mn – 60mn – 90mn

### 3. CHOOSE YOUR SENSORY ESCAPE:

Lemon & petitgrain

Orange blossom  
& cedar wood

Sothys Men  
(Woody – Aromatic – Musky)

Ginger & cinnamon

Frangipani Flower  
& Plum

### 4. CHOOSE YOUR MODELING PRODUCT:

Massage cream

Massage oil

## CUSTOMIZED BODY TREATMENT

### 1. PICK YOUR SERVICE:

#### PEELING WITH 3 SALT 0'45

Restore a silky and radiant skin thanks to a combination of salts from Himalaya, France and dead sea, and elaxing/tonifying essential oils.

#### HYDRA-NOURISHING COCOON MASK ♀ ♂ | 0'30

Experience the comforting sensation of a drating/nourishing wrap applied warm onto the skin and let your body and your mind indulge in pure escapism with the fragrance you have chosen. The soft skin effect is guaranteed!

### 2. CHOOSE YOUR SENSORY ESCAPE:

Lemon & petitgrain

Orange blossom  
& cedar wood

Sothys Men  
(Woody – Aromatic – Musky)



Ginger & cinnamon

Frangipani Flower  
& Plum

## SPA PACKAGES

FROM 2 TO 4 DAYS

### RELAXATION & BEAUTY GETAWAY

FROM 3 TO 4 DAYS

Customized Body Scrub  
"3 salts" (45')  
Customized Body Wrap (30')  
Sensations Orientales (1H)  
Youth Intensive  
Facial Treatment (1H15)

### REVITALIZING GETAWAY

FROM 2 TO 4 DAYS

Hydra-nourishing cocoon mask (30')  
Customized Body Massage (30')  
Indonesie Ancestrale (1H)  
Youth Intensive  
Facial Treatment (1H15)

### ESCAPADE AFTER SPORT

FROM 2 TO 4 DAYS

Customized Body Scrub  
"3 salts" (45')  
2 x Customized Body Massage (1H)  
Customized Body Massage (30')

### BEAUTY GETAWAY

FROM 2 TO 3 DAYS

Hanakasumi (1H)  
Customized Body Massage (1H)  
Youth Intensive  
Facial Treatment (1H15)



## SPA MOMENTS

FROM 1H45 TO 2H15

THIS MOMENT  
TO SUSPEND IN TIME

### RELAXING MOMENT OF BEAUTY

1H45

Customized Body Massage (30')  
Youth Intensive  
Facial Treatment (1H15)

### MOMENT FOR TWO

2H (PER PERS)

Hydra-nourishing cocoon mask (30')  
Customized Body Massage (1H30)

### WELL BEING MOMENT

2H15

Customized Body Scrub "3 salts" (45')  
Hydra-nourishing cocoon mask (30')  
Customized Body Massage (1H)