

# ***Ski Equipment FAQ***

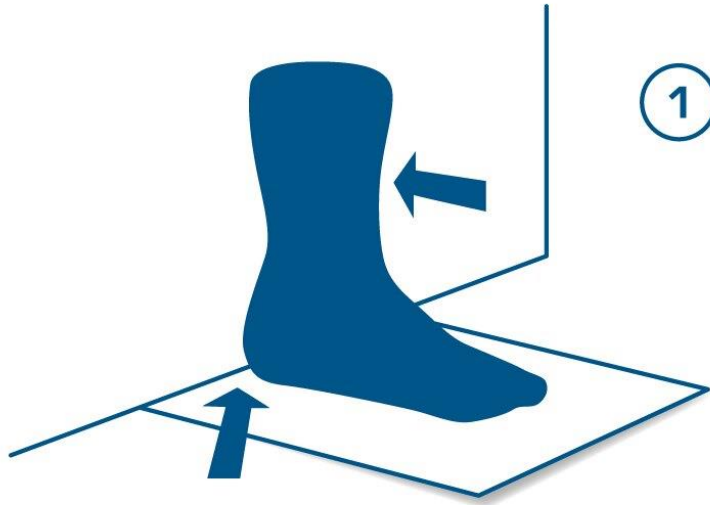
**Everything you need to know about choosing the right ski or snowboard equipment**

# Ski Equipment FAQ

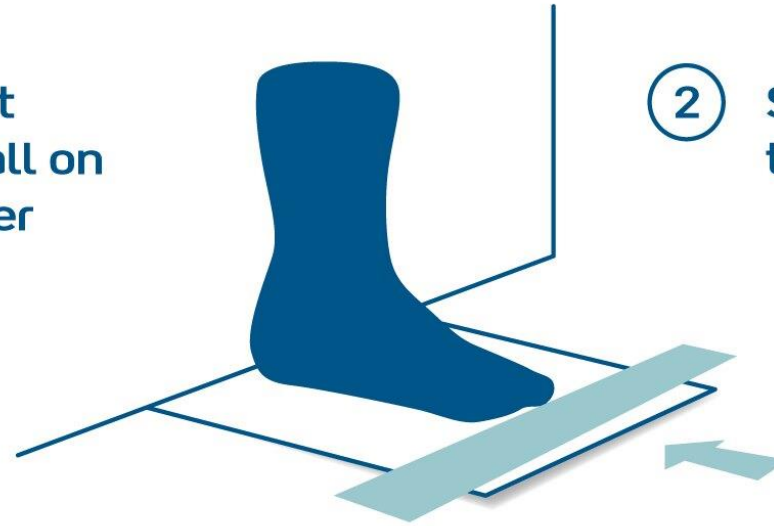
## How to choose boot size

RIDER HEIGHT IN INCHES	RIDER HEIGHT IN CM	RIDER WEIGHT IN KG	SUGGESTED SNOWBOARD SIZE (CM)
4'10"	147	49-54	128-136
5'	152	50-58	133-141
5'2"	158	56-61	139-147
5'4"	163	61-65	144-152
5'6"	168	63-70	149-157
5'8"	173	68-74	154-162
5'10"	178	72-79	159-167
6'	183	77-83	160+
6'2"	188	81-88	160+
6'4"	193	86-92	160+

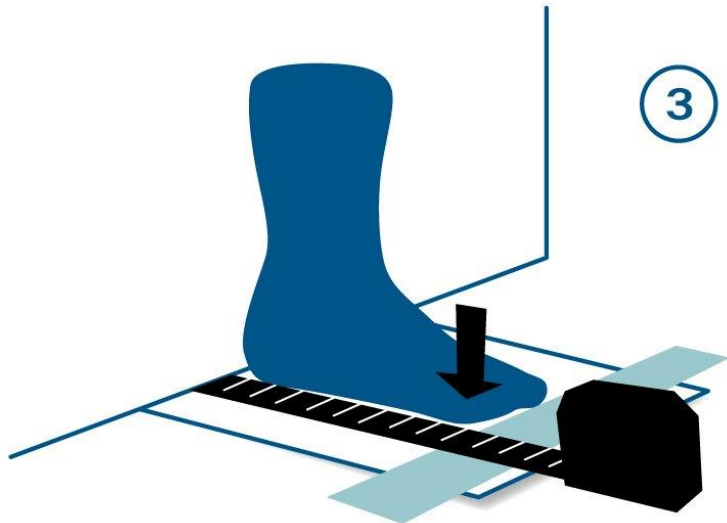
*\*The flex index is not standardized between shoe brands*



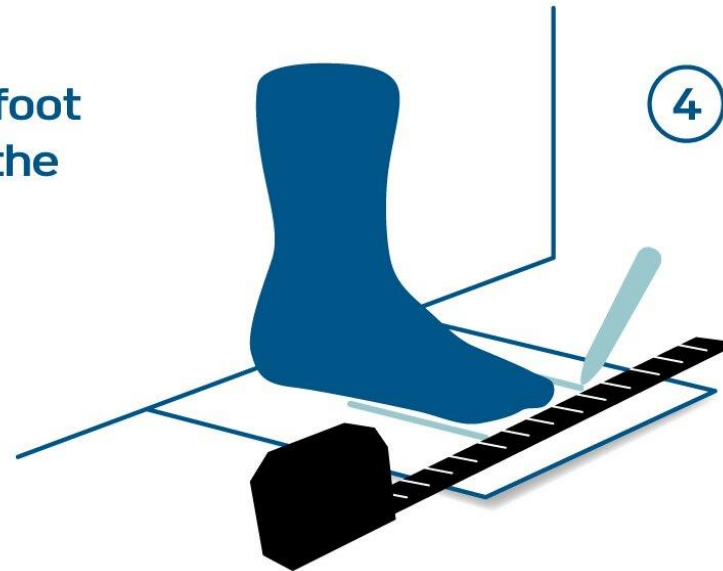
- ① Place your foot against the wall on a piece of paper



- ② Slide a ruler on the top of your foot



- ③ Measure your foot size between the wall and ruler



- ④ With a pen, indicate markings at the side of your foot. That is the width which is an important information to give your ski pro shop.

# ***The Mondopoint (the size of your feet)***

**The Mondopoint system is a standardized measurement of foot length in centimeters**

You can determine your size in Mondopoint in 5 simple steps:

1. Place a sheet of paper against a wall
2. Place your foot on the sheet with your heel against the wall
3. Bend slightly forward and mark the front of your foot with a pencil
4. Repeat the operation with your second foot
5. Measure the longest length reported on the sheet—this is your size in mondopoint

FR	26	26.5	27	28	29	30	30.5	31	32	32.5	33	34	35	36	36.5	37.5
US	8k	8.5k	9k	10k	11k	12k	12.5k	13k		2	3	4	4.5	5	5.5	6
MONDO point	16.5	17	17.5	18	18.5	19	19.5	20	20.5	21	21.5	22	22.5	23	23.5	24
UK														4	4.5	5

FR	38	39	39.5	40	41	42	42.5	43	44	45	45.5	46	47	48	48.5	49
US	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14
MONDO point	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29	29.5	30	30.5	31	31.5	32
UK	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13