

Ski Equipment FAQ

Everything you need to know about choosing the right ski or snowboard equipment

Ski Equipment FAQ

How to choose ski equipment

SKIER HEIGHT IN INCHES	SKIER HEIGHT IN CM	SUGGESTED SKI LENGTHS (CM)
4'8"	142	130-145
4'10"	147	135-155
5'	152	140-160
5'2"	158	145-165
5'4"	163	150-170
5'6"	168	155-175
5'8"	173	160-180
5'10"	178	165-185
6'	183	170-190
6'2"	188	175-195
6'4"	193	180+

**These are recommended sizes, but approach any of our GOs to assist you for equipment*

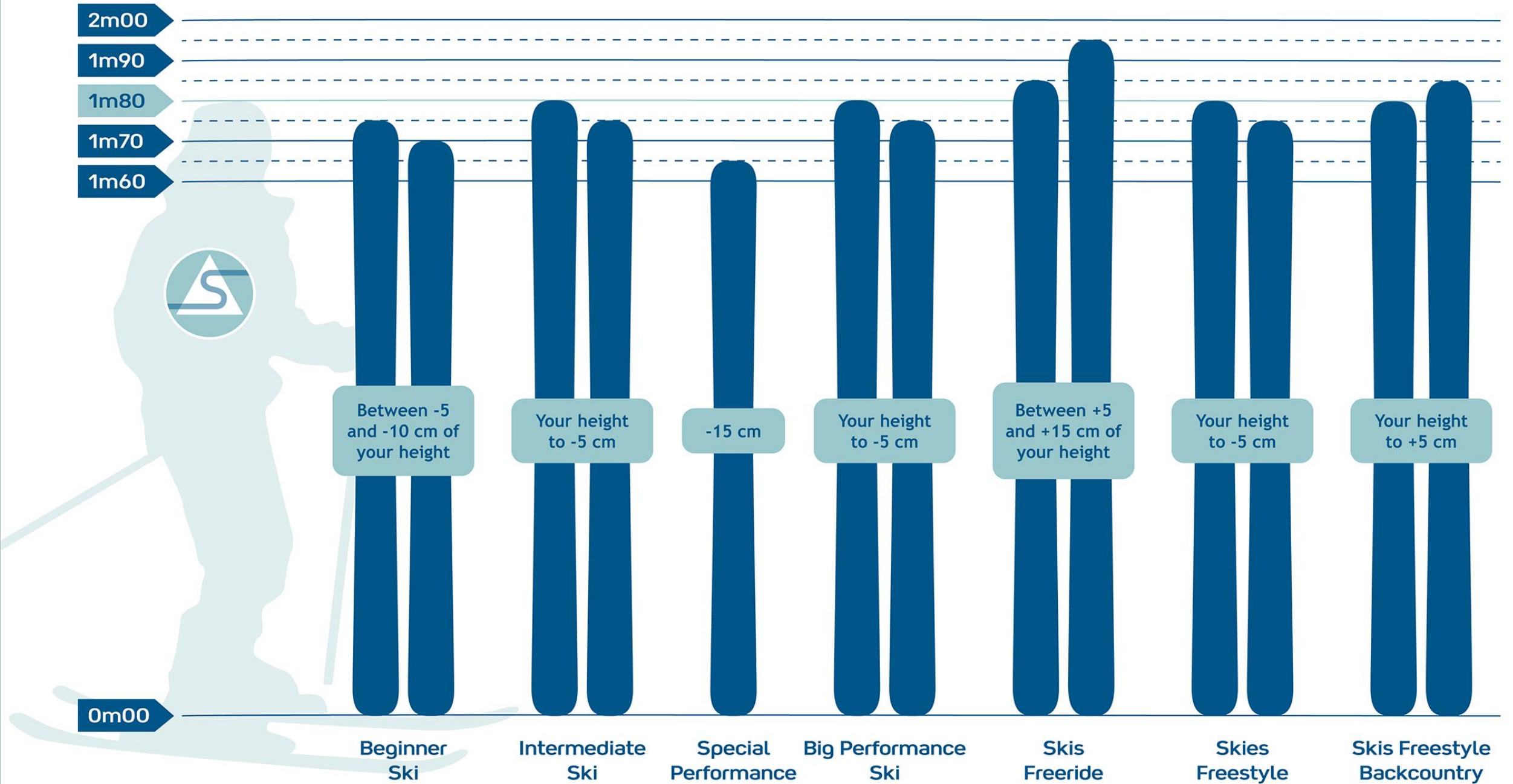
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TYPE OF SKI	LEVEL	SKI SIZES IN COMPARISON TO HEIGHT
Ski Racing	Expert	15 to 20 cm less
All Mountain Ski (short turns)	Advanced / Expert	10 to 15 cm less
Slope ski leisure	Beginner / Intermediate	10 to 15 cm less
Slope ski leisure	Advanced / Expert	5 to 10 cm less
Ski all mountain	All levels	5 to 10 cm less
Ski free ride (all mountain*)	Advanced / Expert	5 to 10 cm less
Ski free ride (pure free ride ski*)	Advanced / Expert	5 to 15 cm less

**Ski Free Ride:*

- 1. All Mountain: On all slopes including groomed slopes*
- 2. Pure Free Ride: Bigger Skis that are more challenging to ski on groomed slopes (ie: powder skis)*



2m00

1m90

1m80

1m70

1m60

0m00

Between -5 and -10 cm of your height

Your height to -5 cm

-15 cm

Your height to -5 cm

Between +5 and +15 cm of your height

Your height to -5 cm

Your height to +5 cm

Beginner Ski

Intermediate Ski

Special Performance

Big Performance Ski

Skis Freeride

Skies Freestyle

Skis Freestyle Backcountry