

serenity can't wait



Club Med Spa
by MANDARA

SPA MENU

SPA MOMENTS FROM 45 MINS TO 2 H 30 MINS

WHERE TIME SLOWS DOWN...

PACKAGES OF CLUB MED SPA

PURE INDULGENCE (2 hrs 30 mins) Rp. 2.250.000

Immerse yourself in the Spa experience with this indulgence treatment package. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage ~ Choice of Refresher Facial or Foot Massage.

FRANGIPANI BODY GLOW (2 hrs) Rp. 2.250.000

Uplifting and re-energising, this full body exfoliation and nourish ritual featuring ELEMIS Skincare is designed to transform and restore, completed with a facial and massage, promises to impart a true sense of joy and lightness. Warm Oil Drizzle - Lime and Ginger Exfoliation ~ Frangipani Mono Body Cocoon ~ Mini Facial ~ Balinese Massage.

HARMONY (2 hrs) Rp. 1.800.000

Adelightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

OCEAN DETOX WRAP (1 hr 50 mins) Rp. 1.500.000

Essentially a seaweed and clay body treatment designed to stimulate the lymphatic system, purge impurities and provide a mineral blast to the skin. Aroma Reflex Foot Ritual ~ Dry Body Brushing ~ Green Clay and Seaweed Wrap ~ Scalp Massage ~ Infrared Detox Sauna ~ Express Massage.

SPA DISCOVERY (1 hr 20 mins) Rp. 1.200.000

Age old tradition combines with the finest European skincare for a deliciously relaxing experience. Enjoy a Balinese Massage followed by an ELEMIS Taster Facial.

SPA SAMPLER (1 hr 20 mins) Rp. 1.200.000

Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

FAMILY SPA MENU

FAMILY SPA DAY (1 hr) Rp. 3.000.000

Aromatherapy Floral Footbath for everyone in the family.

- Kids: Aromatherapy Floral Bath with tasty Cookies and Orange Juice or Tea, followed with Nail Polish & Shoulder Massage.
- Parents: Choice of Balinese Massage or Fancy Foot-work.
(for two adults and two kids below 12 years)

MUM AND DAUGHTER SPECIAL (1 hr 10 mins) Rp. 2.200.000

Aromatherapy Floral Footbath ~ Foot Massage ~ Nail Polish.

(Age requirement: 4 - 16 years)

DAD AND SON SPECIAL (1 hr 10 mins) Rp. 2.000.000

Aromatherapy Floral Footbath ~ Express Massage ~ Foot Massage.

(Age requirement: 4 - 16 years)

KIDS SPA MENU

KID'S MINI MASSAGE SPECIAL (15 mins) Rp. 150.000

- HAND MASSAGE
- FOOT MASSAGE
- SHOULDER MASSAGE
- HEAD MASSAGE

KID'S GROOMING SPECIAL Rp. 300.000

- HAIRCUT
- SHAMPOO
- MINI MANICURE
- MINI PEDICURE
- NAIL POLISH FOR HANDS & FEET

KID'S BRAIDING SPECIAL

- SHORT HAIR Rp. 200.000
- LONG HAIR Rp. 300.000
- BRAIDING / PC Rp. 30.000

(Age requirement: 4 - 12 years)

COUPLES SPA MENU

JUST THE 2 OF US (2 hrs 30 mins) Rp. 4.400.000

Immerse yourself in the Spa experience with this indulgent treatment package. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage ~ Choice of Refresher Facial or Foot Massage.

BETTER TOGETHER (2 hrs) Rp. 3.400.000

A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

(Price for two person)

ELEMIS

ELEMIS FACE

ELEMIS PRO-GLOW SMOOTH (1 hr) Rp. 1.450.000

This cutting edge anti-ageing treatment features marine charged Padina Pavonica combined with our signature reshaping facial massage designed to work out the facial muscles, smooth the complexion and pump up collagen production resulting in smooth, luminous skin.

OXYGEN FACIAL (1 hr 15 mins) Rp. 1.300.000

Oxygeneuticals treatment delivers beautifully hydrated, refreshed and contoured skin with absolutely no downtime and results that last. This treatment uses ELEMIS products and is designed to nourish your skin and promote collagen growth. It involves a machine to spray highly concentrated molecules of oxygen right into your epidermis (the outer layer of your skin). The oxygen that's applied to your face and neck is infused with vitamins, minerals, essential nutrients, and botanical extracts.

ELEMIS PRO-GLOW BRILLIANCE (1 hr) Rp. 1.100.000

Nutrition for your face, designed to leave your skin glowing with good health. Combining nature's finest superfoods such as broccoli seed oil, kale and avocado, this facial is rich in vitamins and essential minerals designed to pack stressed dull skin with energising, detoxifying actives. Leaves skin plumper and more radiant.

ELEMIS BODY

ELEMIS FRANGIPANI BODY (1 hr) Rp. 1.050.000 NOURISHING WRAP WITH TASTER FACIAL

This lusciously fragrant, intensely moisturising body wrap uses aromatic monoi oil applied in sweeping strokes. You are then cocooned and treated to a Superfood Taster Facial to cleanse and hydrate for an instant glow.

ELEMIS LIME & GINGER INVIGORATING (1 hr) Rp. 1.050.000 SALT SCRUB WITH TASTER FACIAL

Zingy lime and earthy ginger combine in this divinely scented, deeply cleansing salt scrub encouraging cell regeneration for the softest, smoothest, most nourished skin. You are then cocooned and treated to a Superfood Taster Facial to cleanse and hydrate for an instant glow.

FACE OF CLUB MED SPA

PURE NATURE FACIAL (50 mins) Rp. 800.000

Club Med Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. We use only natural ingredients with no harmful preservatives or additives. There are three options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

Preserve ~ a cleansing and rejuvenating facial for normal skin.

Renew ~ a fruit acid facial for treating environmentally damaged skin.

Enrich ~ a nourishing facial for dry or mature skin.

BODY OF CLUB MED SPA

ROYAL THAI MASSAGE (1 hr 30 mins) Rp. 1.200.000

Exotic, rejuvenating and the ultimate subliminal body workout. Using no oil, this firm massage aims to release tension, increase vitality and flexibility, and create wholeness of body, mind and spirit. It is a masterful fusion of Indian Ayurvedic stretching techniques and the Chinese method of deep tissue pressure point massage. It helps to release toxins, stimulate blood flow, realign the body and restore suppleness.

BALINESE MASSAGE

(1 hr 20 mins) Rp. 1.200.000
(50 mins) Rp. 800.000

Our most relaxing massage, harnessing the therapeutic properties of 100% pure essential oils. Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. For jetlag recovery, choose our Tranquility massage oil blend.

FOUR HAND MASSAGE

(50 mins) Rp. 1.185.000

Not to be missed, never to be forgotten. Our signature massage, performed by two therapists working together, is a unique blend of five different massage styles – Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronisation of the two therapists makes this massage a sublime experience.

WARM BAMBOO MASSAGE

(1 hr 20 mins) Rp. 1.000.000

Let your mind and body escape reality and find its inner-balance. This deep but soothing massage will release knots and relax tense muscles through the use of long strokes using warm bamboo stalks and aromatherapy massage oil.

WARM STONE MASSAGE

(50 mins) Rp. 1.000.000

The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

TENSION RELIEF MASSAGE

(1 hr 20 mins) Rp. 1.000.000

Slow, deep massage strokes deliver pressure to the inner layers of muscles and connective tissue to ease tightly-held tension. It relieves chronic pain by speeding up the blood circulation and thus delivers fresh oxygen and nutrients to the muscles to help them repair and improve their condition.

ASIAN HEAD MASSAGE

(50 mins) Rp. 800.000

This shoulder, neck, upper back, arm and scalp massage is based on the ancient healing system of Ayurveda. A Thai poultice filled with exotic leaves, flowers and lime essential oil is dipped in warm coconut oil and used on the scalp, for scalp and hair care as well as complete relaxation. Deep thumb and finger pressure, friction and soothing strokes help to reduce tension, improve circulation and flush out physical and emotional toxins.

FANCY FOOT-WORK

(50 mins) Rp. 800.000

The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

MORE OF CLUBMED SPA

POWER GEL POLISH PEDICURE

(1 hr 15 mins) Rp. 550.000

POWER GEL POLISH MANICURE

(1 hr) Rp. 500.000

SPA PEDICURE

(1 hr 15 mins) Rp. 500.000

SPA MANICURE

(1 hr) Rp. 450.000

GEL POLISH REMOVAL

(30 mins) Rp. 250.000

GIFT CERTIFICATE

Gift certificate purchase is available for all Spa treatments or at a value amount. Please contact our Spa Reception for further details.

HEMOCARE & GIFTS

Luxury skin and body care products along with beautiful gifts are available at our Spa boutique.

SALON

TRADITIONAL CREAM BATH

Rp. 415.000

HAIR CUT

Rp. 365.000

FRINGE / BANGS

Rp. 180.000

SHAMPOO, CUT & BLOW DRY

Rp. 525.000

BLOW DRY

Rp. 325.000

BLOW DRY + STYLING

Rp. 595.000

BRAIDING

SHORT HAIR

- FULL BRAIDING

Rp. 415.000

- HALF BRAIDING

Rp. 255.000

LONG HAIR

- FULL BRAIDING

Rp. 525.000

- HALF BRAIDING

Rp. 325.000

BRAIDING / PC

Rp. 50.000

WAXING

BACK WAXING

Rp. 470.000

FULL LEG

Rp. 470.000

HALF LEG

Rp. 365.000

BIKINI

Rp. 325.000

UNDER ARM

Rp. 200.000

All prices are quoted in Indonesian Rupiah and are inclusive of applicable Government Tax. Rates are subject to change without notice.



Bali

Club Med Bali

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