

Open 11am to 7pm

### Packages of Club Med Spa

**Frangipani Body Glow** 2 hrs RM600  
An ideal package to banish stress, nourish your skin and rejuvenate body and mind. The velvety texture of the ELEMIS Frangipani Monoi Oil offers super-hydration, quenching a thirsty skin ~ receive a relaxing mini facial whilst wrapped in the fragrant cocoon ~ Balinese Massage ~ Foot Massage.

**Dream Weaver** 1 hr 50 mins RM530  
Head to toe indulgence for radiant skin and a dream-like sense of overall well-being. Aromatherapy Floral Footbath ~ Balinese Massage ~ Pure Nature Facial.

**Energise** 1 hr 45 mins RM 500  
Immerse yourself in the Spa experience with this indulgent treatment package. Aromatherapy Floral Footbath ~ Aromatherapy Floral Bath ~ Balinese Massage ~ Choice of Refresher Facial or Foot Massage.

**Spa Discovery** 1 hr 20 mins RM410  
Age old tradition combines with the finest European skincare for a deliciously relaxing experience. Balinese Massage ~ ELEMIS Taster Facial.

**Spa Sampler** 1 hr 20 mins RM400  
Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

**Heaven and Earth** 1 hr RM269  
A cleansing and refreshing facial followed by a foot massage to pamper you from head to toe.

### ELEMIS Face

**ELEMIS Pro-Collagen Age Defy** 1 hr RM585  
Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

**ELEMIS Superfood Pro-Radiance** 1 hr RM350  
A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven\* to leave skin plumper, radiant and lit up with good health.

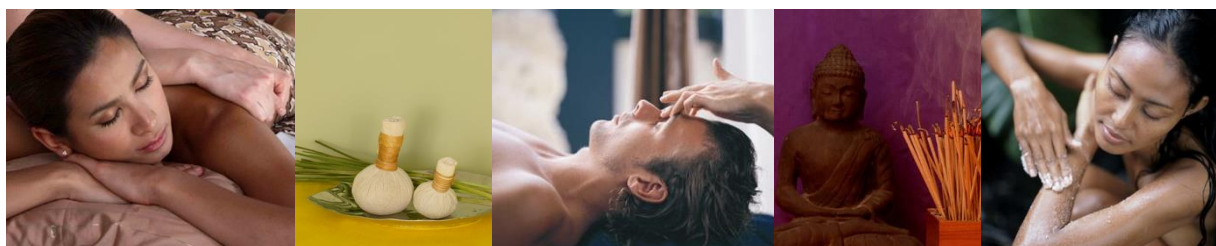
**ELEMIS Sensitive Skin Soother** 1 hr RM350  
Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

**ELEMIS Anti-Blemish Mattify and Calm** 1 hr RM350  
A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

*\*Independent clinical trials*

### ELEMIS Body

**ELEMIS Body Nectar Nourishing Wrap - Frangipani** 45 mins RM350  
The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.



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Rates are subject to change without notice.



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**Face of Club Med Spa**

**Pure Nature Facial** 50 mins RM270  
Club Med Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. We use only natural ingredients with no harmful preservatives or additives. There are three options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

**Preserve** - a cleansing and rejuvenating facial for normal skin.

**Renew** - a fruit acid facial for treating environmentally damaged skin.

**Enrich** - a nourishing facial for dry or mature skin.

**Body of Club Med Spa**

**Four Hand Massage** 1 hr 20 mins RM780  
50 mins RM485

Not to be missed, never to be forgotten. Our signature massage, performed by two therapists working together, is a unique blend of five different massage styles – Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronisation of the two therapists makes this massage a sublime experience.

**Warm Stone Massage** 1 hr 20 mins RM450  
50 mins RM310

The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

**Balinese Massage** 1 hr 20 mins RM430  
50 mins RM265

Our most relaxing massage, harnessing the therapeutic properties of 100% pure essential oils. Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. For jetlag recovery, choose our Tranquility massage oil blend.

**Muscle Ease Massage** 1 hr 20 mins RM430  
50 mins RM265

This deep tissue sports massage is an effective way to assist with muscle relaxation. It is designed to increase flexibility, relieve muscle tightness and improve circulation and recovery time.

**Fancy Foot-work** 50 mins RM240

The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

**More of Club Med Spa**

**Spa Pedicure** 1 hr 15 mins RM150  
**Spa Manicure** 1 hr RM150

These deluxe treatments include an aromatherapy hand or foot soak, traditional nail care, cuticle stimulation, nail polish and a wonderfully relaxing hand and arm or lower leg massage. The Spa Pedicure also includes a rejuvenating foot mask.

**Gift Certificate**

Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

**Homecare & Gifts**

Luxury skin and body care products along with beautiful gifts are available at our spa boutique



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**Club Med SPA**  
by MANDARA

