

# Carrots Shiry Shiry

by Chef Khoki



## Ingredients

- 150g Carrots
- 1 Egg
- 2 Tsp Cooking Sake
- 2 Tsp Soy Sauce
- 2 Tsp Mirin
- 2 Tsp Sugar
- 1 Tsp Sesame Oil
- 1 Tsp White Sesame

serving size: 2 people

## Recipe

1. Peel the Carrots
2. Slice carrots into match sticks
3. Add sesame Oil to Frying Pan Heated Over Medium Heat add carrots until carrots are softened.
4. Whisk Egg in a bowl, then add the egg mix to the pan and fry until cooked
5. Serve on the Plate and sprinkle white Sesame Seeds to Complete.